Is anyone willing to upload a .blend file online?

Hi, I'm a beginner in Blender and I'm trying to learn how to use the software. I'm having trouble with the interface and I'm not sure how to navigate the menus. I'm also having trouble with the keyboard shortcuts and I'm not sure how to use them. I'm also having trouble with the mouse and I'm not sure how to use it. I'm also having trouble with the camera and I'm not sure how to use it. I'm also having trouble with the lighting and I'm not sure how to use it. I'm also having trouble with the materials and I'm not sure how to use them. I'm also having trouble with the textures and I'm not sure how to use them. I'm also having trouble with the render and I'm not sure how to use it. I'm also having trouble with the animation and I'm not sure how to use it. I'm also having trouble with the sculpting and I'm not sure how to use it. I'm also having trouble with the painting and I'm not sure how to use it. I'm also having trouble with the modeling and I'm not sure how to use it. I'm also having trouble with the rigging and I'm not sure how to use it. I'm also having trouble with the simulation and I'm not sure how to use it. I'm also having trouble with the compositing and I'm not sure how to use it. I'm also having trouble with the video editing and I'm not sure how to use it. I'm also having trouble with the scripting and I'm not sure how to use it. I'm also having trouble with the add-ons and I'm not sure how to use them. I'm also having trouble with the preferences and I'm not sure how to use them. I'm also having trouble with the keymap and I'm not sure how to use it. I'm also having trouble with the undo and I'm not sure how to use it. I'm also having trouble with the redo and I'm not sure how to use it. I'm also having trouble with the save and I'm not sure how to use it. I'm also having trouble with the load and I'm not sure how to use it. I'm also having trouble with the export and I'm not sure how to use it. I'm also having trouble with the import and I'm not sure how to use it